

Inpatient Psychiatric Hospitalization



Instructor Guide

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COURSE TITLE PAGE

Program: Crisis Intervention Training

Block: Research and Systems

Course#/Title: *Assessment and Commitment*

Accreditation#:

Course Level: Advanced Training

Prerequisites: None

Instructional Method: Lecture, Power Point, Discussion

Time Allotted: 1 Hour

Target Group: New Mexico Law Enforcement Basic and Certified Officers; Basic and Certified Telecommunicators

Instructor/Student Ratio: 1/40

Evaluation Strategy: Pre-Test/Post-Test, Class discussion

Required Instructor Materials: Lesson Plan, Power Point, Handouts, Discussion,

Required Student Materials: Note-taking materials, Student Manual

Suggested Instructor Certification:

<input checked="" type="checkbox"/> General Instructor	<input checked="" type="checkbox"/> Professional Lecturer
<input checked="" type="checkbox"/> Specialized Instructor	
<input checked="" type="checkbox"/> CIT Instructor	<input checked="" type="checkbox"/> Master Instructor

Emergency mental health evaluation and care., §§ 43-1-10 (2016).New Mexico State Statues

Commitment Procedures Definitions., §§ 43-1-3 (2016).New Mexico State Statues

Commitment of Adults., §§ 43-1-11(2016).New Mexico State Statues

Source Document/Bibliography: *Diagnostic and statistical manual of mental disorders: DSM-V-TR.* (2013). American Psychiatric Association.

COURSE GOAL:

The goal is to help law enforcement to become familiar with the state admission criteria for involuntary commitment, the goals of hospitalizations, the types of treatments given inpatient, and the difference between voluntary and involuntary admissions.

LEARNING OBJECTIVE(S):

Upon completion of training, the participant will be able to demonstrate the following measurable learning objectives:

1. Be able to list state criteria for involuntary inpatient admission
2. Be able to understand how this compares to voluntary admission criteria
3. Be able to identify the goals for inpatient psychiatric hospitalization
4. List at least two types of treatment often given in inpatient settings

Goals of Hospitalization (Slide 5)



- As discussed already, the hospitalization must be used to help a person's treatable mental illness for them to be held against their will. If not, the forced hold doesn't meet the legal standard.
- **Discussion.** If not done already, ask the audience about times they brought people to the hospital, thinking they would get admitted, but didn't. Lead a discussion about possible reasons people don't get admitted, when the officer felt that they should have been. Lead discussion to ...
 - **Substance use disorders**
 - If someone is high or drunk, sobers up, and is no longer suicidal, they can't be forced into the hospital, nor should they be.
 - People who are only symptomatic because of substance need a different type of intervention.
 - Review least restrictive means. Someone may be suicidal, but would be better served in another, less restrictive, environment, for example their own home, a group home, or nursing home.
 - Behavior that isn't treatable in a hospital doesn't require hospitalization, such as personality disorders or traumatic brain injury.
 - If the person with a personality disorder has a secondary depression, this can be treatable.
 - Some people with personality disorders can act out and even get worse in the hospital.

Treatments and Interventions (Slide 6)

Treatments and Interventions

- Medications by mouth or injectable
- Psychotherapy: milieu, individual, group
- Medical management
- Occupational and Physical Therapy
- Safe placements

- **Review points on slide**
- Other than safety, medication management is the main purpose of psychiatric hospitals.
- Though there are talk therapies offered, the hospital does not offer long term intensive one on one psychotherapy; although this is still an expectation for many people, the hospital is unable to offer this type of time intensive therapy.

Test Questions (Slide 7)

Test Questions

1. Which of the following is not an inpatient psych admission criteria ?

- a. Drug rehabilitation
- b. Suicidal attempt
- c. Acute Psychosis
- d. Inability to care for self due to mental illness

- **Poll the audience** to see what they think is the correct answer.
- Revisit a discussion about reasons for admission as outlined above.

