C.A.R.E. Cards from The Crisis Intervention Team, Inc. www.goCIT.org info@goCIT.org Cards@goCIT.org

Some common used tips for the back. You can choose the ones you would like to use or customize your own on the bottom. Please choose up to six.

- I have difficulty concentrating
- Please use short sentences
- You may have to repeat yourself
- Please be patience when asking questions
- I may be easily distracted
- Please only one person talk at a time
- I may appear intoxicated or dizzy
- Difficulty controlling anger
- Difficulty with mobility
- I cannot hear please write to communicate
- I get confused easily
- Please speak softly and slowly to me
- I do not like to be touched
- I do not like bright/shiny objects
- Loud noises scare me
- Background noises distract me
- If upset, allow me to vent and walk
- Speak slowly in a normal, calm tone
- I am prone to running away (runner)
- Keep me where I am and call my emergency contacts
- Advise first responders of my disability
- I can not hear but can lip read
- I can read and write
- I have little or no eye sight

Customize your own below or send us a sheet with what you would like.