





































































































































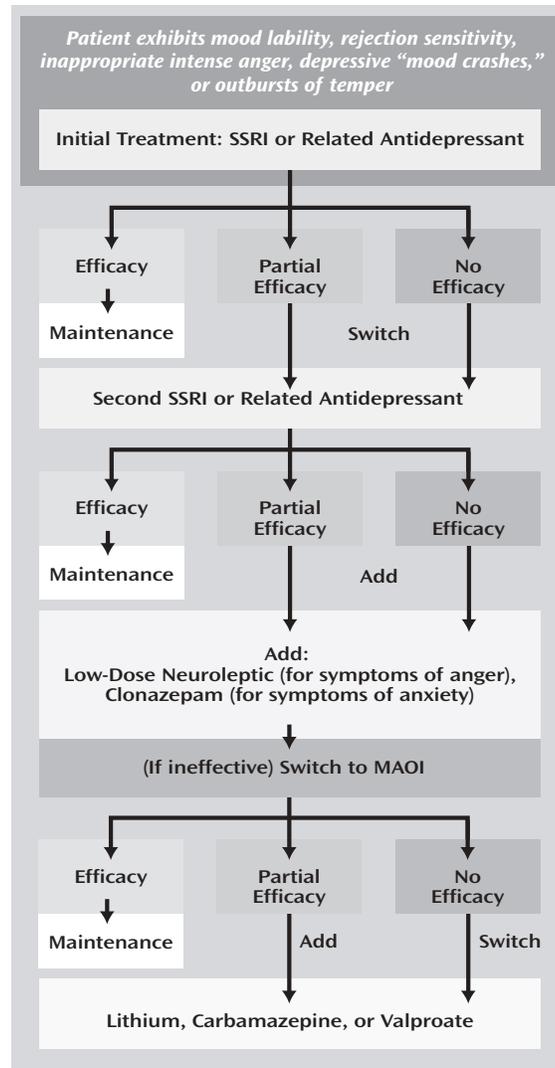




# APPENDIXES:

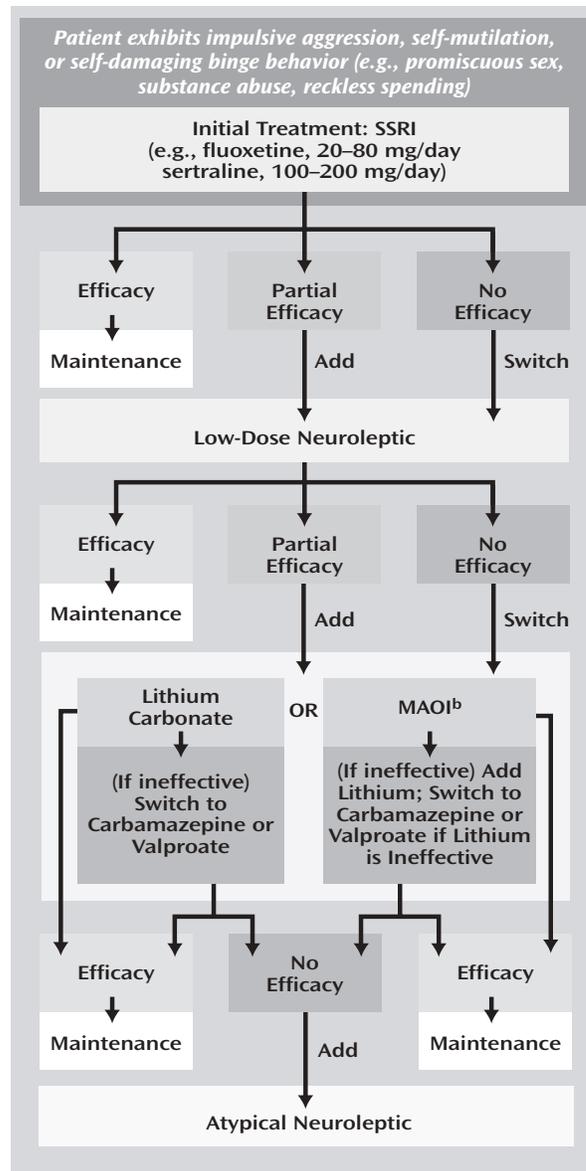
## PSYCHOPHARMACOLOGICAL TREATMENT ALGORITHMS

### APPENDIX 1 PSYCHOPHARMACOLOGICAL TREATMENT OF AFFECTIVE DYSREGULATION SYMPTOMS IN PATIENTS WITH BORDERLINE PERSONALITY DISORDER<sup>a</sup>.



<sup>a</sup>Algorithm based on clinical judgment that uses evidence currently in the literature, following the format of the International Psychopharmacology Algorithm Project (2). The first step in the algorithm is generally supported by the best empirical evidence. Recommendations may not be applicable to all patients or take individual needs into account. The empirical research studies on which these recommendations are based may be "first trials" involving previously untreated patients and may not take into account previous patient nonresponse to one, two, or even three levels of the algorithm (i.e., patients who, by definition, have more refractory disorders). There are no empirical trials of the complete algorithm.

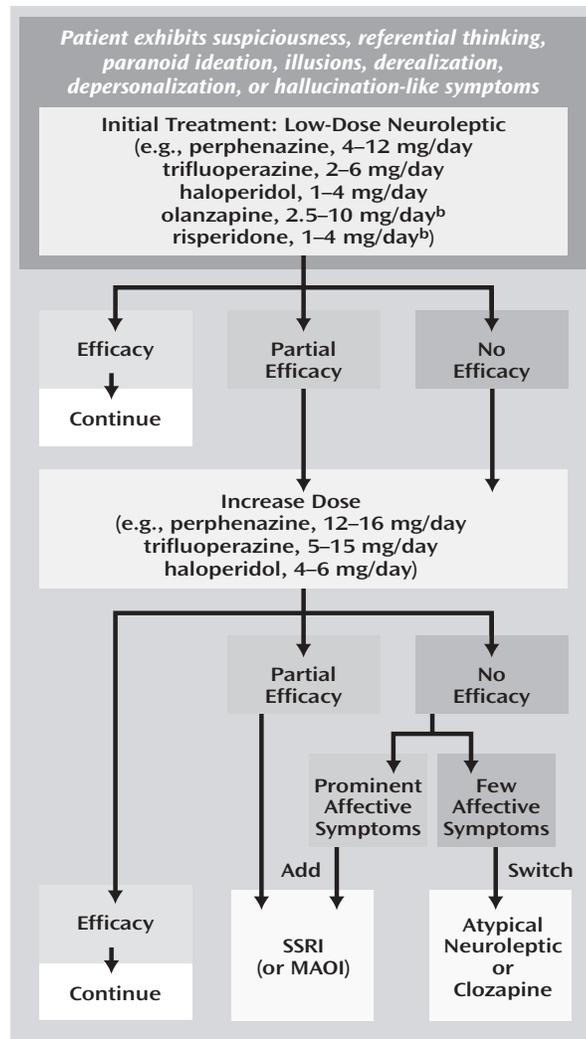
**APPENDIX 2**  
**PSYCHOPHARMACOLOGICAL TREATMENT OF IMPULSIVE-BEHAVIORAL**  
**DYSCONTROL SYMPTOMS IN PATIENTS WITH BORDERLINE PERSONALITY DISORDER<sup>a</sup>.**



<sup>a</sup>Algorithm based on clinical judgment that uses evidence currently in the literature, following the format of the International Psychopharmacology Algorithm Project (2). The first step in the algorithm is generally supported by the best empirical evidence. Recommendations may not be applicable to all patients or take individual needs into account. The empirical research studies on which these recommendations are based may be “first trials” involving previously untreated patients and may not take into account previous patient nonresponse to one, two, or even three levels of the algorithm (i.e., patients who, by definition, have more refractory disorders). There are no empirical trials of the complete algorithm.

<sup>b</sup>SSRI treatment must be discontinued and followed with an adequate washout period before initiating treatment with an MAOI.

**APPENDIX 3**  
**PSYCHOPHARMACOLOGICAL TREATMENT OF COGNITIVE-PERCEPTUAL SYMPTOMS IN**  
**PATIENTS WITH BORDERLINE PERSONALITY DISORDER<sup>a</sup>.**



<sup>a</sup>Algorithm based on clinical judgment that uses evidence currently in the literature, following the format of the International Psychopharmacology Algorithm Project (2). The first step in the algorithm is generally supported by the best empirical evidence. Recommendations may not be applicable to all patients or take individual needs into account. The empirical research studies on which these recommendations are based may be “first trials” involving previously untreated patients and may not take into account previous patient nonresponse to one, two, or even three levels of the algorithm (i.e., patients who, by definition, have more refractory disorders). There are no empirical trials of the complete algorithm.

<sup>b</sup>The generally favorable side effect profiles of the newer atypical neuroleptic medications compared with those of conventional neuroleptics underscore the need for careful empirical trials of these newer medications in the treatment of patients with borderline personality disorder.

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American College of Radiology  
American Occupational Therapy Association  
American Psychiatric Nurses Association  
American Psychoanalytic Association  
Commonwealth of Virginia Department of Mental Health, Mental Retardation and  
Substance Abuse Services  
Illinois Psychiatric Society  
International Society for the Study of Personality Disorders  
New Jersey Psychiatric Association  
Norwegian Psychiatric Association  
Royal Australian and New Zealand College of Psychiatrists

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The following coding system is used to indicate the nature of the supporting evidence in the references:

- [A] *Randomized clinical trial.* A study of an intervention in which subjects are prospectively followed over time; there are treatment and control groups; subjects are randomly assigned to the two groups; both the subjects and the investigators are blind to the assignments.
  - [B] *Clinical trial.* A prospective study in which an intervention is made and the results of that intervention are tracked longitudinally; study does not meet standards for a randomized clinical trial.
  - [C] *Cohort or longitudinal study.* A study in which subjects are prospectively followed over time without any specific intervention.
  - [D] *Case-control study.* A study in which a group of patients and a group of control subjects are identified in the present and information about them is pursued retrospectively or backward in time.
  - [E] *Review with secondary data analysis.* A structured analytic review of existing data, e.g., a meta-analysis or a decision analysis.
  - [F] *Review.* A qualitative review and discussion of previously published literature without a quantitative synthesis of the data.
  - [G] *Other.* Textbooks, expert opinion, case reports, and other reports not included above.
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