

Crisis Intervention Team (CIT) Training



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Instructor Guide

COURSE TITLE PAGE

Program: Crisis Intervention Team (CIT) Training

Block: Research and Systems

Course#/Title: CIT Overview

Accreditation#:

Course Level: Advanced Training

Prerequisites: None

Instructional Method: Lecture, Power Point, Discussion

Time Allotted: .5 Hour – 1 Hour

Target Group: New Mexico Law Enforcement Basic and Certified Officers; Basic and Certified Telecommunicators

Instructor/Student Ratio: 1/40

Evaluation Strategy: Pre-Test/Post-Test, Class discussion

Required Instructor Materials: Lesson Plan, Power Point, Handouts, Discussion,

Required Student Materials: Note-taking materials, Student Manual

Suggested Instructor Certification: General Instructor Professional Lecturer
 Specialized Instructor
 CIT Instructor Master Instructor

Source Document/Bibliography: Steadman, H., Deane, M.W., Borum, R., & Morrissey, J. (2001). Comparing outcomes of major models of police responses to mental health emergencies. *Psychiatric Services*, 51, 645-649

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Teller, J., Munetz, M., Gil, K. & Ritter, C. (2006). "Crisis intervention team training for police officers responding to mental disturbance calls." *Psychiatric Services*, 57, 232-237.

Dupont, R., Cochran, S., & Bush, A. (1999) "Reducing criminalization among individuals with mental illness." Presented at the US Department of Justice and Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) Conference on Forensics and Mental Illness, Washington, DC, July 1999.

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doi:10.1176/appi.ajp.2017.16080985

COURSE GOAL:

To increase the student's knowledge of crisis intervention teams, the concept they were developed on, and the need for them.

LEARNING OBJECTIVE(S):

Upon completion of training, the participant will be able to demonstrate the following measurable learning objectives:

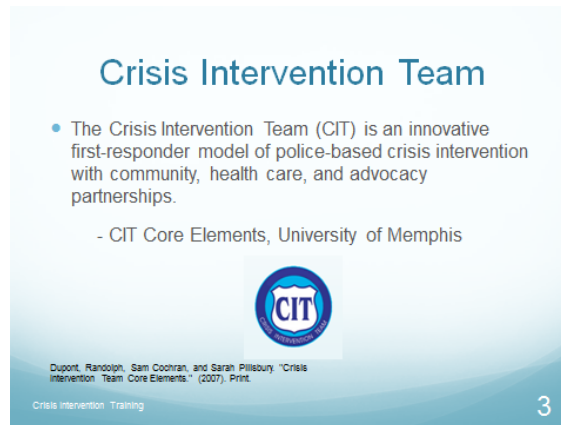
1. Recite when CIT was started in Memphis, TN.
2. List collaboration partners.
3. Explain reasons for a CIT program.

Welcome (Slide 1-2)



- Welcome students and introduce yourself. You may want to include your name on this PowerPoint or write it on a whiteboard or flip chart.
- Provide a brief overview of the class and what to expect.
- Remind students of training rules (no phone or computers).

Definition (Slide 3)



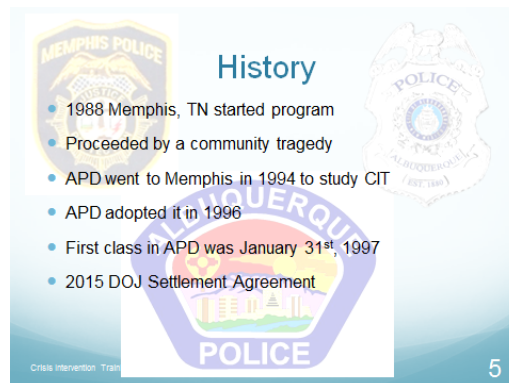
- CIT is a program that provides the foundation necessary to promote community and statewide solutions to assist individuals with a mental illness. The CIT Model reduces both stigma and the need for further involvement with the criminal justice system. CIT provides a forum for effective problem solving regarding the interaction between the criminal justice and mental health care system and creates the context for sustainable change.
- CIT (Crisis Intervention Team) programs are local initiatives designed to improve the way law enforcement and the community respond to people experiencing mental health crises. They are built on strong partnerships between law enforcement, mental health provider agencies and individuals and families affected by mental illness.

Why CIT? (Slide 4)



- Review points on slide
- Go over the goals of the class
 - Safety
 - De-stigmatization
 - Awareness of Resources
- Destigmatize is to remove associations of shame or disgrace from. (Merriam-Webster)

History (Slide 5)



- Review points on slide
- In 1987, 27-year-old Joseph Dewayne Robinson was shot and killed during an incident with the Memphis Police Department. This shooting outraged the community. From this community crisis emerged a new way of doing business for both the police and the mental health community in Memphis.
- APD graduated the first class from UNM on 1/31/97
- DOJ- Department of Justice

Collaboration (Slide 6)



Collaboration

- National Alliance on Mental Illness (NAMI)
- University of New Mexico (UNM)
- Mental Health Response Advisory Committee (MHRAC)
- Community

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- Review points on slide
- If new collaborations exist elaborate on them
- Collaboration definition from Merriam-Webster dictionary:
 - To work jointly with others or together especially in an intellectual endeavor
 - To cooperate with an agency or instrumentality with which one is not immediately connected

Summary (Slide 7)



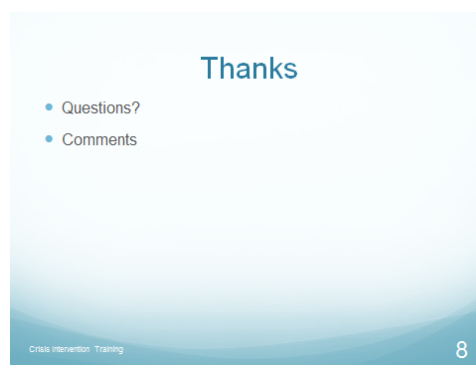
Summary

- Program not just training
- Collaboration based
- Community need
- Safety
- Destigmatization

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- Review points on slide
- Cover any topics you forgot

Thanks (Slide 8)



Thanks

- Questions?
- Comments

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- Please insert your (instructor) name and contact information.

Acknowledgements:

This course was created with collaborations from the following people and organizations:

Albuquerque Police Department:

Matthew Tinney

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Lawrence Saavedra

Ben Melendrez