Crisis Intervention Team (CIT) Knowledge Network ECHO

Topics

- Bipolar Disorder
- Veteran Information & Resources
- CIT Programs and Setup
- Drugs and their Effects
- Borderline Personality Disorder
- Common Drug Street Names
- Active Listening Skills
- Disability Rights and Advocacy
- Law Enforcement Suicide & Mental Health
- Perspectives of Psychotic and Manic Symptoms
- VA Justice Outreach
- Alcohol Withdrawal
- Medication Awareness
- NAMI, National Alliance on Mental Illness
- Schizophrenia
- Use of Data in CIT Programs
- Community Collaboration in CIT
- News Trends in Mental Health and Law Enforcement
- Assistant Outpatient Treatment
- Antisocial Personality Disorder
- Officer Self-care
- Attention Deficit Hyperactivity Disorder
- Verbal Defense and Influence
- Anxiety Disorders
- Drug Induced Intoxication
- Homelessness
- PTSD
- Verbal De-escalation
- Spree Killings
- Developmentally Disabled Waivers
- Mindfulness

Follow Us

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Schedule

Every Tuesday *1:30pm - 3:00pm*
Join from a computer, laptop, tablet or smart phone.
It's that easy!
Contact the Project Coordinator for more details,
Jennifer Earheart: jearheart@cabq.gov

Visit **www.goCIT.org** to request your membership
or email the Project Coordinator.
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Crisis Intervention Team (CIT)

The Crisis Intervention Team (CIT) is a model of community policing designed to address the unique approaches specific to law enforcement interactions with people with mental illness. CIT policing focuses on identifying mental illness, utilizing de-escalation skills, jail diversion, connecting individuals with mental health services, and improving connections with the community at large.

TeleECHO Session

Every CIT Knowledge Network session is divided into two parts: a brief educational presentation and case presentations. The educational portion of the session is taught by a mental health professional or member of law enforcement. Presentations last no more than 30 minutes and cover topics specific to law enforcement interactions with people living with mental illness. Following the educational presentations are case presentations from law enforcement and public safety. Members of public safety agencies present real cases for discussion by the network, and receive recommendations consistent with CIT best-practices, including guidance on how to implement the recommendations, from the Hub Team of subject matter experts.

The CIT Knowledge Network ECHO

The Crisis Intervention Team (CIT) Knowledge Network ECHO is an innovation of the Project ECHO® model focused improving law enforcement interactions with people living with mental illness. The CIT Knowledge Network partners with agencies around the state, creating a forum to discuss complex cases, and leverage APD's CIT expertise and UNM's psychiatric expertise, which is shared across the state. Educational presentations and telementoring fill the unmet need of training specific to public safety interactions with people living with mental illness, with a focus on symptom recognition, use of de-escalation techniques, community engagement, and jail diversion when treatment is needed.

Benefits

- **Free training without travel**
- **Provides real time access to specialty consultation with CIT experts, psychiatrists, law enforcement trainers**
- **Training certificates**
- **Helps to decrease variability in tactical responses**
- **Identifies areas needing improvement such as training or changes to SOPs**
- **Decreases liability through peer review**
- **Helps further develop best practices in CIT policing and programs**
- **Opportunity to share safety alerts, missing violent offenders, and release of violent offenders across jurisdictions**

How to Become a Member

Meetings are for individuals in law enforcement or public safety only.

Visit **www.goCIT.org** to request your membership or email the Project Coordinator.

Jennifer Earheart: jearheart@cabq.gov

Who We Are

The CIT ECHO is led by a hub of subject matter experts from mental health and law enforcement. Members of the Hub Team include APD Crisis Intervention Unit Detectives, psychiatrists, and crisis specialists. The Hub Team provides real-time feedback on case presentations.

Dr. Dan Duhigg
Medical Director for Addiction Services
Presbyterian Healthcare Services
UNM Department of Psychiatry and Behavioral Sciences

Dr. Nils Rosenbaum
Medical Director
Behavioral Health Division
Albuquerque Police Department

Detective Matthew Tinney
Crisis Intervention Unit
Albuquerque Police Department

Mission Statement

The Crisis Intervention Team (CIT) Knowledge Network ECHO aims to improve law enforcement interactions with people living with mental illness with a goal of decreasing use of force, fostering connections with the mental health system, and raising the level of community policing.